

# PLANEX Database

## Quick Guide: Health & wellbeing Resources



### The UK's best database on health and wellbeing...

PLANEX is a bibliographic database which offers a unique collection of quality resources on health and wellbeing.

It is produced in the UK and its content, abstracts and terminology are tailored to the interests of the UK's academic community.

PLANEX can help you keep up to date with the latest developments in this subject area and provides resources to support research and coursework.

Our health and wellbeing coverage looks at policy and practice from the national, regional and local perspective.

More specifically, the health and wellbeing coverage includes: public health; health inequalities; mental health; workforce health; health

and ageing; and epidemiology.

We also cover related topics, including: active travel and sustainable transport; community involvement; children and young people's health; partnership working; social exclusion; social services and social care; and the environment and regeneration. We consider well-being at both an individual and community level.

Our health coverage does not include clinical information but is focused on service delivery and health improvement.

The database has limited full text access to journal articles and links to your university's subscription content via link resolvers. It also provides quick and easy access to online research reports via links.



### What's available?

#### Key Journals

We summarise material from a range of key health and wellbeing journals, including:

- Health and Social Care in the Community
- Health Service Journal
- Journal of Integrated Care
- Perspectives in Public Health
- Community Practitioner
- Mental Health Today
- Journal of Epidemiology and Community Health
- Ethnicity and Inequalities in Health and Social Care
- Journal of Public Mental Health
- Journal of Assistive Technologies
- Ageing and Society
- Druglink

Grey literature is one of the database's main strengths, and we source content from a range of organisations, including government departments, think tanks, charities, consultancies and university departments.

Here are some key organisations from which we source health and wellbeing research:

- > Department of Health
- > Scottish Public Health Observatory
- > Public Health England
- > Child & Adolescent Health Research Unit
- > NHS Scotland
- > Glasgow Centre for Population Health
- > Local Government Information Unit
- > Child & Maternal Health Intelligence Network
- > King's Fund
- > Health & Social Care Information Centre
- > Joseph Rowntree Foundation
- > Health in Wales
- > Northern Ireland DHSSPS

PLANEX also includes case studies and discussion of health and wellbeing policy and practice in other countries, especially within Europe.

## What's in an abstract?

Our abstracts are written by our UK team, and keywords reflect health and wellbeing terminology in use in the UK.

Abstracts include the headline findings from research and recommendations for policy and practice, making it easier for you to identify material which is relevant to your research question.

## Other useful resources for health and wellbeing information

- > [UK National Statistics: Health and Social Care Theme](#)
- > [Department of Health Statistics](#)
- > [Public Health England: data and knowledge gateway](#)
- > [ONS: Measuring National Well-being](#)
- > [London Datastore: Health](#)

## How to access PLANEX

Students and staff can access PLANEX via the library resources page or direct by following the link on this page <http://information.service.idoxgroup.com> and selecting 'Log in via your home institution', which allows you to select your university and log in using your institutional login.

The first time you login, you will be prompted to fill in a registration form with your name, email address and course/department, and you will then be sent a validation email to allow you to start using the database.



## Need more help?

**Our user guide with instructions on searching the database, with screenshots, is available to download from the PLANEX site above the search box.**

**You can also contact the university library for support and advice.**